

Welcome to Project FIT For Providers

Project FIT is a grant funded program designed to provide wrap-around, outreach, team based care to eligible families in the Springfield area. The goal of this program is to help families in need achieve a greater level of health, wellness and stability. We provide supportive outreach services to assist families in navigating difficult system and in connecting with relevant services in the community.

Program objectives:

- Increase access and engagement with primary care treatment of medical and behavioral health needs, with the goal of reducing emergency department visits and inpatient admissions.
- Improve and maintain stable housing.
- Improve school attendance for children.

BHN Clinical Care Managers (CCM) and Community Health Workers (CHW) will meet together with families in the community to assess their strengths and needs and develop with the family a Family Care Plan to address needs and encourage strengths. Families will receive guidance and support from CCMs and CHWs on implementing the Family Care plan which will include identifying and maximizing connections with other community resources and supports. Examples of community resources and supports include:

- Housing
- Provide short term therapy along with referrals to behavioral health clinics.
- Referrals to primary care doctors and specialty providers
- Connecting with the school system
- Entitlements
- Transportation solutions and resources
- Skill building
- Referrals for other services

If the family already has providers in the community, the CCM and CHW will connect all the providers together to work collaboratively with the family.

Referrals to Project FIT can be made by calling (413)-304-2904 or faxing a referral form to (413) 737-3000. **Eligibility:** Families with children in the home; Unstable Housing; and at least one member of the family has an un-met behavioral health need.

Any Questions? Please contact Shelly Benoit, LMHC ~ Program Coordinator for Project FIT at (413) 310-2221 ~ office; or (413) 726-8732 ~ cell; email: Shelly.benoit@bhninc.org